

Stage 1: Drogheda to Boyle (155.5KM)

Wednesday, May 21st 2025

Pre Stage Details

We are delighted to welcome everyone to the 2025 edition of the Rás Tailteann which marks the beginning of the 70th edition of this super special event. Stage one brings us from Drogheda to Boyle over a distance of 155.5KM. There are 3 hot spot sprints ('Gibbstown Gaeltacht' @ 21.4KM, 'Crossdoney' @ 80.6KM, 'Mohill' @ 120.5KM). There is 1 KOH at 'Oldcastle Legends Sliabh na Cailligh' CAT 3 @ 46.2KM which is kindly sponsored by the Halpin Family in memory of their parents, Charlie & Angela. This first KOH of the race carries a prize of €150.

Ned Reilly has kindly sponsored the Crossdoney hot spot sprint along with an additional 3 primes ('Mountnugent' @ 60.9KM, 'Kilnaleck' @ 67.8KM and 'Arvagh' @ 92.7KM). The prize for these primes is €50 each.

Sign on is in St Nicholas GFC - Jimmy Pentony Park, Rathmullan Road, Drogheda, Co Louth (A92 E1CP) from 9:30AM to 10:45AM. All riders must be assembled outside the main door of St Nicholas GAA at 11:15AM to begin ceremonial start at 11:20AM. We will be stopping outside St Peter's Church on West Street for approximately 5 minutes. We then aim to be at the 0KM signs for approximately 12PM. Team cars are to accompany the riders on the neutralised section.

Please respect the local residents, race officials, spectators, team staff and fellow competitors along with all the facilities we are using. We have worked incredibly hard to bring this race to you so please help us out by acting with kindness towards everyone associated with the event. Remember that you are not just representing yourselves but also the entire race and sport in Ireland.

It is also very important that teams, officials and spectators park tightly in the car park so to ensure everyone gets a space.

Be safe, enjoy (if that's possible) - only five stages to go!

Thank you all very much and best of luck!

Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	Ceremonial start at St Peter's Church in Drogheda Town Centre				
0.1	0.1	Turn right onto Shop Street				
0.2	0.1	Turn right onto Dyer Street				
0.4	0.2	Turn left onto Haymarket Bridge (At O'Brien's Off Licence)				
0.5	0.3	Straight through traffic lights at bus drpot onto L1601				
1.0	0.6	Straight through traffic lights				
1.8	1.1	Straight through traffic lights (At Lidl)				
2.1	1.3	Straight through traffic lights (At The Thatch Bar)				
2.5	1.6	Roundabout: 2nd exit - straight	Caution Required			

2.8	1.7	Roundabout: 2nd exit - straight				
2.9	1.8	Roundabout: 2nd exit - straight				
5.0	3.1	Turn right at Boyne Valley Cottage				
8.3	5.2	Left turn at T-Junction (Dir: Tullyallen 3KM)				
8.7	5.4	Caution: Humpback bridge				
9.0	5.6	Race will pass over Obelisk Bridge				
9.1	5.7	Left turn at crossroads (Dir: Navan N51)				
11.5	7.1	OKM signs at 2-storey house on LHS (in dip with wooden fence) on N51			12:00	
Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	OKM signs at 2-storey house on LHS (in dip with wooden fence) on N51		12:00	12:00	12:00
6.2	3.9	Slane	Caution Essential - Marshals/Gardaí ahead	12:10	12:08	12:07
6.4	4.0	Straight (at traffic lights) on N51 in Slane Village		12:10	12:09	12:08
8.0	5.0	Turn right (Dir: Kells R163)	Caution Required	12:13	12:11	12:10
8.6	5.3	Turn left (Dir: Kells R163)		12:14	12:12	12:10
13.0	8.1	Keep right at Y-Junction (at Ryan's Pub)		12:21	12:18	12:16
13.2	8.2	Keep left at Y-Junction (Dir: Kells)		12:22	12:18	12:16
14.9	9.3	Keep left at Y-Junction		12:24	12:21	12:18
16.3	10.1	Kilberry		12:27	12:23	12:20
16.6	10.3	Turn right at T-Junction at 'The Kilberry' (Dir: Wilkinstown/Kingscourt)		12:27	12:23	12:20
16.7	10.4	Immediately After: Turn left (Dir: Kells R163)		12:27	12:23	12:20
18.1	11.2	Caution: Roadworks ongoing at time of printing	Caution Essential - Marshals/Gardaí ahead	12:30	12:25	12:22
21.4	13.3	'Gibbstown Gaeltacht' Hot Spot Sprint: At Baile Ghib School on LHS		12:35	12:30	12:26
28.5	17.7	Caution: Veer left over narrow bridge	Caution Essential - Marshals/Gardaí ahead	12:47	12:40	12:35
30.0	18.6	30KM completed: At entrance to Grand Priory Estate on RHS entering Kells		12:50	12:42	12:37
30.1	18.7	Kells	Extreme Caution Essential - Marshals/Gardaí well ahead	12:50	12:43	12:37
30.2	18.8	Turn right at T-Junction (at stop sign)		12:50	12:43	12:37
30.4	18.9	Turn left (at unsigned junction immediately after Headford Arms Hotel)		12:50	12:43	12:38
30.6	19.0	Straight through crossroads at Gavigan's on R163 (Dir: Oldcastle)		12:51	12:43	12:38
34.5	21.4	Drumbaragh	Caution Required	12:57	12:49	12:43
35.3	21.9	Roundabout: 2nd exit - straight (Dir: Oldcastle R163)		12:58	12:50	12:44
39.3	24.4	Keep right at Y-Junction (Dir: Oldcastle 13KM)		13:05	12:56	12:49
42.0	26.1	Ballinlough		13:10	13:00	12:52
45.2	28.1	Turn right (Dir: Oldcastle R154)		13:15	13:04	12:56

45.2	28.1	'Oldcaste Legends Sliabh na Cailligh' CAT 3 KOH: Starts immediately following right turn		13:15	13:04	12:56
46.2	28.7	'Oldcastle Legends Sliabh na Cailligh' CAT 3 KOH: Finishes at lay by with picnic table on RHS KOH sponsored by The Halpin Family from Millbrook in memory of their parents Charlie & Angela		13:17	13:06	12:57
51.3	31.9	Oldcastle	Caution Essential - Marshals/Gardaí ahead	13:25	13:13	13:04
52.0	32.3	Straight through crossroads in centre of Oldcastle (Dir: Mountnugent R154)		13:26	13:14	13:05
54.4	33.8	Caution: Left followed by immediate right over bridge		13:30	13:17	13:08
54.7	34.0	Caution: Narrow bridge		13:31	13:18	13:08
55.8	34.7	Entering Co Cavan		13:33	13:19	13:09
60.3	37.5	Mountnugent (Caution: Series of ramps entering Mountnugent)	Caution Essential - Marshals/Gardaí ahead	13:40	13:26	13:15
60.9	37.5	Ned Reilly Prime 1 - Mountnugent: Outside 'The Bridge Inn' on RHS leaving Mountnugent		13:40	13:26	13:15
67.4	41.9	Kilnaleck (on R154) (Caution: Series of ramps entering Kilnaleck)	Caution Required	13:52	13:36	13:24
67.5	41.9	Caution: Pedestrian crossing x 2 in Kilnaleck		13:52	13:36	13:24
67.8	41.9	Ned Reilly Prime 2 - Kilnaleck: Outside 'Peader's Shop' on RHS in Kilnaleck		13:52	13:36	13:24
77.3	48.0	Ballinagh		14:08	13:50	13:36
77.6	48.2	Straight in centre of Ballinagh at 'Casey's Steak Bar' (Dir: Arvagh/Crossdoney R154)		14:09	13:50	13:37
77.6	48.2	Caution: Pedestrian crossing leaving Ballinagh		14:09	13:50	13:37
80.4	50.0	Crossdoney		14:14	13:54	13:40
80.6	50.1	'Ned Reilly Crossdoney' Hot Spot Sprint: At 'The Shantully Inn' on RHS (on R198)		14:14	13:55	13:40
83.2	51.7	Turn left (Dir: Arvagh R198)		14:18	13:58	13:44
85.6	53.2	FEED ZONE: Begins at Cornafen GAA and lasts for 300M (Team cars to park in Cornafen GAA on RHS)			14:22	14:02
92.6	57.5	Arvagh (on R203)	Caution Essential - Marshals/Gardaí ahead	14:34	14:12	13:55
92.7	57.5	Ned Reilly Prime 3 - Arvagh: At school sign on LHS		15:34	15:12	14:55
92.8	57.7	Caution: Pedestrian crossing in Arvagh		14:34	14:12	13:56
93.2	57.9	Caution: Pedestrian crossing in Arvagh		14:35	14:13	13:56
93.6	58.2	Caution: Pedestrian crossing in Arvagh		14:36	14:13	13:57
100.5	62.4	Carrigallen		14:47	14:23	14:05
100.6	62.5	Turn left at T-Junction (Dir: Mohill R201)		14:47	14:23	14:05
101.4	63.0	Turn right at 'Carrigallen Fuels Ltd' (Dir: Mohill R201)		14:49	14:24	14:06
119.7	74.4	Mohill		15:19	14:51	14:29

120.5	74.9	'Mohill' Hot Spot Sprint: 100M before Centra on RHS		15:20	14:52	14:30
120.8	75.1	Straight in Mohill centre at 'Berry and Brew' on R201		15:21	14:52	14:31
120.9	75.1	Caution: Pedestrian crossing leaving Mohill		15:21	14:52	14:31
121.4	75.4	Caution: Pedestrian crossing leaving Mohill		15:22	14:53	14:31
129.4	80.4	Turn right at T-Junction (Dir: Sligo N4)	Turning onto major road - extreme caution essential	15:35	15:04	14:41
130.5	81.1	25KM Remaining at large road sign on LHS for Drumsna and Drumshanbo		15:37	15:06	14:43
135.5	84.2	20KM Remaining at large blue road sign titled 'Welcome to Carrick-On-Shannon'		15:45	15:13	14:49
136.0	84.5	Carrick-On-Shannon	Extreme Caution Essential in Carrick-On-Shannon - marshals/Gardaí well ahead	15:46	15:14	14:50
136.6	84.9	'Attirory Roundabout': 1st exit - straight (Dir: Sligo/Town Centre)		15:47	15:15	14:50
136.9	85.1	'Attifinlay Roundabout': 2nd exit - straight (Dir: Sligo/Town Centre)		15:48	15:15	14:51
137.3	85.3	'Shannon Roundabout': 1st exit - left (Dir: Sligo/Boyle)		15:48	15:16	14:51
138.0	85.7	Turn left over bridge (Dir: Boyle/Sligo)		15:50	15:17	14:52
138.4	86.0	Mini-roundabout at Texaco: 2nd exit - straight (Dir: Sligo/Boyle)		15:50	15:17	14:53
138.7	86.2	'Drishoge Roundabout': 2nd exit - straight (Dir: Sligo/Boyle)		15:51	15:18	14:53
145.5	90.4	10KM Remaining at no passing signs on both LHS and RHS		16:02	15:27	15:01
150.2	93.3	CAUTION: IGNORE LEFT TURN FOR BOYLE		16:10	15:34	15:07
150.5	93.5	5KM Remaining at green road sign on LHS for Sligo 41KM, Collonney 30KM, Boyle 5KM		16:10	15:35	15:08
151.5	94.1	4KM Remaining at overhead bridge on N4		16:12	15:36	15:09
152.5	94.8	3KM Remaining at green road sign on LHS for Sligo - straight, Roscommon/Boyle - left		16:14	15:37	15:10
152.7	94.9	Turn left (Dir: Boyle 3KM)	Caution Required	16:14	15:38	15:10
153.5	95.4	2KM Remaining at traffic calming 400M signs on both LHS and RHS		16:15	15:39	15:11
154.5	96.0	1KM Remaining at 'Welcome to Boyle - Feelystone' sign on RHS		16:17	15:40	15:13
154.7	96.1	Mini-roundabout: 3rd exit - right (Dir: Town Centre)	Extreme Caution Essential - Marshals/Gardaí well ahead	16:17	15:41	15:13
155.2	96.4	Turn left (Dir: Roscommon N61)		16:18	15:41	15:14
155.3	96.5	Straight at junction		16:18	15:41	15:14
155.5	96.6	Finish at 'An Craoibhin' Bar on LHS (podium on RHS)	Extreme Caution Essential - Marshals/Gardaí well ahead	16:19	15:42	15:14

Post Stage Details

TEAM CAR DEVIATION: Team cars are to continue straight at the mini-roundabout at 154.7KM and follow the signage to park in St Joseph's Church car park.

VERY IMPORTANT: Riders need to clear the finishing area urgently following completion of the stage.

REMINDER: All riders needed for the presentation should make their way to the stairs at the back of the podium ASAP.

Stage 2: Charlestown to Clifden (170.9KM)

Thursday, May 22nd 2025

Pre Stage Details

We are delighted to welcome everyone to the 2025 edition of the Rás Tailteann. Stage two brings us from Charlestown to Clifden over a distance of 170.9KM. There are 5

Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	Ceremonial start in the square in Charlestown centre	Caution Required			
1.0	0.6	Roundabout: 2nd exit - straight (Dir: Knock/Galway)				
1.5	0.9	Bracklagh Roundabout: 1st exit - left (Dir: Swinford N5)				
2.2	1.4	Turn left at T-Junction (Dir: Westport N5)				
2.8	1.7	End of neutralised section @ brown 'Museum of Country Life' sign on LHS (immediately after flyover) on N5				
					11:15	
Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	OKM signs at End of neutralised section @ brown 'Museum of Country Life' sign on LHS (immediately after flyover) on N5		11:15	11:15	11:15
18.6	11.6	Bohola	Caution Required	11:46	11:41	11:38
19.6	12.2	Turn right (Dir: Foxford R321)		11:47	11:43	11:39
24.3	15.1	Turn right (Dir: Foxford/Ballina N58)		11:55	11:49	11:45
29.2	18.1	Foxford	Caution Essential - Marshals/Gardaí ahead	12:03	11:56	11:51
29.6	18.4	Straight through Foxford at 'Fish & Tackle Shop' (Dir: Town Centre)		12:04	11:57	11:52
29.7	18.5	Turn left at Centra in Foxford (Dir: Pontoon/Ballina R318)		12:04	11:57	11:52
29.9	18.6	Turn left at Y-Junction (Dir: Pontoon R318)		12:04	11:57	11:52
30.0	18.6	30KM completed: Road sign on RHS 'L5355'		12:05	11:57	11:52
31.2	19.4	CAUTION: LEVEL CROSSING XX043	<u>Extreme Caution Essential - Marshals/Gardaí confirm all clear</u>	12:07	11:59	11:54
34.2	21.3	Turn left (Dir: Pontoon/Castlebar R310)	Caution Required	12:12	12:03	11:57
37.4	23.2	Turn right (Dir: Crossmolina R315)		12:17	12:08	12:01
42.5	26.4	Turn left (Dir: Bofeenaun/Lahardane McHales GAA) at building with no roof		12:25	12:15	12:08
44.6	27.7	Caution: Veer left over narrow bridge		12:29	12:18	12:10
45.7	28.4	Turn left at T-Junction (Dir: Lahardane McHales GAA) Caution: Roads narrow for approximately 10KM		12:31	12:20	12:12
45.8	28.5	Bofeenaun		12:31	12:20	12:12
49.1	30.5	'Windy Gap' CAT 1 KOH: Starts at house with wooden clock on LHS & bungalow on RHS		12:36	12:25	12:16
51.2	31.8	'Windy Gap' CAT 1 KOH: Finishes at lay-by on LHS		12:40	12:28	12:19

56.0	34.8	Caution: Stone humpback bridge	Caution Required	12:48	12:35	12:25
60.9	37.8	Castlebar	<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	12:56	12:42	12:31
61.4	38.2	Turn right (Dir: Castlebar 1KM)		12:57	12:42	12:31
61.8	38.4	Turn left at hospital (Dir: Turlough 6KM)		12:58	12:43	12:32
62.0	38.5	Caution: 2 x pedestrian crossing with ramps		12:58	12:43	12:32
62.3	38.7	Caution: Roadworks at time of printing		12:58	12:44	12:32
65.5	40.7	Turn right at green wall & black gates with wheel on LHS with stone wall in front (Caution: Unsigned Junction)		13:04	12:48	12:36
66.2	41.1	Turn right onto N5 (Dir: Westport/Castlebar)	<u>Turning onto major road - Extreme Caution Essential - Marshals/Gardaí well ahead</u>	13:05	12:49	12:37
66.7	41.4	Roundabout: 1st exit - left (Dir: Ballinrobe/Galway N84)	<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	13:06	12:50	12:38
72.6	45.1	Turn left (Dir: Ballinrobe/Galway N84)		13:16	12:58	12:45
72.8	45.2	Turn right at T-Junction (Dir: Ballinrobe N84)		13:16	12:59	12:46
75.3	46.8	FEED ZONE: Begins at sign on LHS 'Derrynagooley' (PARKING ON HARD SHOULDER)		13:20	13:02	12:49
76.0	47.2	FEED ZONE: Finishes at sign on LHS 'Westland'		13:21	13:03	12:50
76.9	47.8	Ballyhean (on N84)	Caution Required	13:23	13:04	12:51
80.2	49.8	Ballintubber (on N84)		13:28	13:09	12:55
88.2	54.8	Partry (on N84)		13:42	13:21	13:05
88.3	54.9	Turn right (Dir: Westport R330) at Garda Station		13:42	13:21	13:05
89.3	55.5	Turn left (Dir: Tuar Mhic Éadaigh R300)		13:43	13:22	13:06
92.5	57.5	Turn left (Dir: Tuar Mhic Éadaigh 5KM R300)		13:49	13:27	13:10
96.0	59.7	Tuar Mhic Éadaigh		13:55	13:32	13:15
96.9	60.2	Keep right at T-Junction (At grotto) Caution: Roads narrow for approximately 30KM		13:56	13:33	13:16
104.6	65.0	Caution: Narrow bridge over River Owenbrin		14:09	13:44	13:25
106.6	66.2	'River Owenbrin' CAT 3 KOH: Starts at yellow sign on LHS for bend to left		14:12	13:47	13:28
107.1	66.5	'River Owenbrin' CAT 3 KOH: Finishes at wrought iron farm gate and entrance to house on RHS	14:13	13:48	13:28	
109.2	67.9	'Maumtrasna' CAT 2 KOH: Starts at school children sign on LHS	14:17	13:51	13:31	
112.3	69.8	'Maumtrasna' CAT 2 KOH: Finishes at small lay-by on RHS (opposite pole with several transformers)	14:22	13:55	13:35	
113.5	70.5	Continue straight (Dir: Leenaun 17KM L1061)	Caution Required	14:24	13:57	13:36
114.7	71.3	Welcome to County Galway		14:26	13:58	13:38

115.7	71.9	Keep left at Y-Junction	Caution Required	14:27	14:00	13:39
118.0	73.3	Caution: Steel bridge 'Cill Dubh' CAT 2 KOH: Starts immediately following steel bridge		14:31	14:03	13:42
118.6	73.7	EXTREME CAUTION: Very narrow bridge	<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	14:32	14:04	13:43
118.9	73.9	Keep right at named stone directly in front	Caution Required	14:33	14:04	13:43
120.7	75.0	'Cill Dubh' CAT 2 KOH: Finishes at steel farm gate on RHS 100M before 'Gabhlán' stone		14:36	14:07	13:45
122.1	75.9	EXTREME CAUTION: Turn right over stone bridge on descent	<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	14:38	14:09	13:47
123.2	76.6	Turn left at T-Junction (Dir: Maam Cross 13KM R336)	Caution Required	14:40	14:11	13:49
128.5	79.8	An Mám		14:49	14:18	13:55
129.3	80.3	Turn right over bridge in An Mám (Dir: Maam Cross 8KM R336)		14:50	14:19	13:56
130.6	81.2	'An Mám' CAT 3 KOH: Starts at large two-storey house on LHS with fountain in garden		14:52	14:21	13:58
133.2	82.8	'An Mám' CAT 3 KOH: Finishes at summit of climb with Frank Haines Memorial on LHS		14:57	14:25	14:01
136.8	85.0	Turn right at staggered crossroads @ 'Peacockes Hotel' (Dir: Clifden N59)	Caution Essential - Marshals/Gardaí ahead	15:03	14:30	14:06
141.0	87.6	Entering An Gaeltacht		15:10	14:36	14:11
145.9	90.7	25KM Remaining at small lay-by on LHS with yellow and black gates adjacent to three yellow houses on opposite side of lake		15:18	14:43	14:17
150.9	93.8	20KM Remaining at 100km/h signs on both LHS and RHS after Joyce's Craft Shop		15:26	14:50	14:23
160.9	100.0	10KM Remaining at road to left for Ballynahinch L5137		15:43	15:04	14:36
165.9	103.1	5KM Remaining at stop sign on LHS at end of lay-by		15:51	15:12	14:42
166.9	103.7	4KM Remaining at road to right signed 'Gowran L5131'		15:53	15:13	14:43
167.9	104.3	3KM Remaining at 'Seaside Nursery and Garden Centre' sign on RHS		15:54	15:14	14:44
168.9	104.9	2KM Remaining at entrance to 'Clifden Glen' on RHS		15:56	15:16	14:46
169.9	105.6	1KM Remaining at 60km/h signs on both LHS and RHS		15:58	15:17	14:47
170.9	106.2	Finish at bus stop on RHS in Clifden (podium on RHS)		<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	15:59	15:19

Post Stage Details

TEAM CAR DEVIATION: Team cars are to turn left approx 400M before the finish line immediately following Lidl and follow signage into Station House Hotel car parks.

VERY IMPORTANT: Riders need to clear the finishing area urgently following completion of the stage.

REMINDER: All riders needed for the presentation should make their way to the stairs at the back of the podium ASAP.

Stage 3: Cong to Miltown Malbay (163.8KM)

Friday, May 23rd 2025

Pre Stage Details

We are delighted to welcome everyone to the 2025 edition of the Rás Tailteann. Stage three brings us from Cong to Miltown Malbay over a distance of 163.8KM. There are 3 KOH's ('Corkscrew' CAT 2 @ 121.5KM, 'Doonagore Cross' CAT 3 @ 136.8KM and 'Cliffs of Moher' CAT 2 @ 140.8KM).

Sign on is in Cong Community Centre, Gortaroe, Cong, Co Mayo (F31 PY97) from 9:15AM to 10:15AM. All riders must be assembled outside the main door of Cong Community Centre at 10:40AM to begin ceremonial start at 10:45AM. We will be stopping at Cong Centre for approximately 5 minutes. We then aim to be at the 0KM signs for approximately 11AM.

Team cars are not to accompany the riders on the neutralised section. Instead, team cars should turn left when leaving the community centre and park in order on the road and slot behind the riders as we pass back by the community centre on the way to 0KM.

Please respect the local residents, race officials, spectators, team staff and fellow competitors along with all the facilities we are using. We have worked incredibly hard to bring this race to you so please help us out by acting with kindness towards everyone associated with the event. Remember that you are not just representing yourselves but also the entire race and sport in Ireland.

It is also very important that teams, officials and spectators park tightly in the car park so to ensure everyone gets a space.

Be safe, enjoy (if that's possible) - only three stages to go!

Thank you all very much and best of luck!

Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	Ceremonial start at the cross in centre of Cong				
0.1	0.1	Immediately left over bridge on R346				
0.2	0.1	Right at mini-roundabout				
2.2	1.4	End of neutralised section at bungalow on RHS with green shamrocks on pillars			11:00	
Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	0KM signs at end of neutralised section at bungalow on RHS with green shamrocks on pillars		11:00	11:00	11:00
2.4	1.5	Turn right (Dir: Headford R334)		11:04	11:03	11:03
13.3	8.3	Headford		11:22	11:19	11:16
13.8	8.6	Turn left at traffic lights at Tesco (Dir: Castlebar/Ballinrobe N84)	Caution Required	11:23	11:19	11:17

14.9	9.3	Turn right (Dir: Tuam/Caherlistrane R333) Caution: Roads narrow for approximately 18KM		11:24	11:21	11:18
23.7	14.7	Turn left at T-Junction (Unsigned junction with double stop signs and gates directly infront)	Caution Required - narrow roads	11:39	11:33	11:29
25.0	15.5	Turn right at complex junction (Dir: Tuam/Curran Sawmills)	Caution Essential - tight junction - several markings required	11:41	11:35	11:31
30.0	18.6	30KM completed: Two-storey house on RHS with grey barn at rear		11:50	11:42	11:37
32.5	20.2	Turn right at T-Junction (Dir: Tuam 6KM)	Caution Required	11:54	11:46	11:40
33.8	21.0	Turn right at T-Junction (Dir: Baile Chláir N83)	Caution Essential - Turning onto major road - Marshals/Gardaí ahead	11:56	11:48	11:42
40.3	25.0	Turn left (Dir: Corofin L2123)	Caution Required	12:07	11:57	11:50
42.7	26.5	Corofin	Caution Essential - Marshals/Gardaí ahead	12:11	12:01	11:53
43.2	26.8	Caution: One way system at 50KM/H signs over narrow bridge	Marshals/Gardaí ahead	12:12	12:01	11:54
46.2	28.7	Turn right at crossroads (Dir: Athenry 16KM R347)	Caution Required	12:17	12:06	11:57
48.8	30.3	Turn left at T-Junction (Dir: All routes)		12:21	12:09	12:01
49.2	30.6	Roundabout: 2nd exit - right (Dir: Athenry)		12:22	12:10	12:01
49.9	31.0	Turn left (Dir: Athenry R347)		12:23	12:11	12:02
62.0	38.5	Roundabout: 2nd exit - straight (Dir: Athenry R347)		12:43	12:28	12:17
62.6	38.9	Mini roundabout: 2nd exit - straight		12:44	12:29	12:18
62.6	38.9	Athenry	Extreme Caution Essential - Marshals/Gardaí well ahead	12:44	12:29	12:18
63.2	39.3	Caution: Traffic lights at one way system on bridge		12:45	12:30	12:19
63.4	39.4	Turn right at T-Junction (Dir: Town Centre R347) IMMEDIATELY AFTER: Keep left at arch		12:45	12:30	12:19
63.7	39.6	Turn left at T-Junction (Dir: Dublin/Galway)		12:46	12:31	12:19
63.8	39.6	Turn right after pedestrian crossing (Dir: Craughwell R347)		12:46	12:31	12:19
64.4	40.0	'Baunmore Roundabout': 1st exit - straight (Dir: Craughwell R347)		12:47	12:32	12:20
69.5	43.2	Caution: Veer right over very narrow bridge		12:55	12:39	12:26
70.2	43.6	FEED ZONE: Starts at Dave Fallon Motors on LHS		12:57	12:40	12:27
70.9	44.1	FEED ZONE: Finishes 200M before junction NOTE: NO FEEDING ALLOWED IN LAST 200M BEFORE JUNCTION		12:58	12:41	12:28
71.1	44.2	Turn left at T-Junction (Dir: Craughwell/Loughrea R446)		Caution Required	12:58	12:41

71.2	44.2	Craughwell	Extreme Caution Essential - Marshals/Gardaí confirm all	12:58	12:41	12:29
71.5	44.4	Caution: Level crossing XE194		12:59	12:42	12:29
72.5	45.0	Turn right (Dir: Adrahan 10KM R347)	Caution Required	13:00	12:43	12:30
72.9	45.3	Mini-roundabout: 1st exit - left (Dir: Adrahan)		13:01	12:44	12:31
79.2	49.2	Burren Lowlands		13:12	12:53	12:39
81.7	50.8	Turn right (Dir: Adrahan 2KM R347)	Caution Required	13:16	12:56	12:42
83.4	51.8	Adrahan	Caution Essential - Marshals/Gardaí ahead	13:19	12:59	12:44
83.6	51.9	Turn right at T-Junction (Dir: Galway/Oranmore) IMMEDIATELY AFTER: Turn left at Joyce's Pub (Dir: Burren Nature Sanctuary 10KM R347)		13:19	12:59	12:44
84.5	52.5	Caution: Veer right over narrow bridge		13:20	13:00	12:45
92.2	57.3	Turn left at T-Junction (Dir: Kinvara 2KM N67)	Caution Essential - Turning onto major road - Marshals/Gardaí ahead	13:33	13:11	12:55
92.4	57.4	Kinvara	Caution Essential - Marshals/Gardaí ahead	13:34	13:12	12:55
98.7	61.3	Welcome to County Clare		13:44	13:21	13:03
106.3	66.1	Bell Harbour	Caution Essential - Marshals/Gardaí ahead	13:57	13:31	13:12
113.2	70.3	Ballyvaughan		14:08	13:41	13:21
113.4	70.5	Turn left at T-Junction in centre of Ballyvaughan (Dir: Ennistymon N67)		14:09	13:42	13:21
118.7	73.8	'Corkscrew' CAT 2 KOH: Starts at brown sign for 'Corkscrew Hill' on LHS after Cregan's Hotel		14:17	13:49	13:28
121.5	75.5	'Corkscrew' CAT 2 KOH: Finishes at road to left for 'Burren Court Holiday Homes'		14:22	13:53	13:31
128.7	80.0	Lisdoonvarna	Caution Required	14:34	14:03	13:40
128.9	80.1	Mini-roundabout: Turn right (Dir: Lahinch)		14:34	14:04	13:41
129.3	80.3	Turn right at 'Spar' Shop in centre of Lisdoonvarna		14:35	14:04	13:41
130.5	81.1	Follow road around to left (Dir: Ennistimon)		14:37	14:06	13:43
131.4	81.6	Turn right (Dir: Liscannor/Clioffs of Moher R478)		14:39	14:07	13:44
134.9	83.8	'Doonagore Cross' CAT 3 KOH: Starts at sign to left for Lahinch 17KM/Liscannor 12KM approx 200M after Clare Woolen Mills		14:44	14:12	13:48
136.8	85.0	'Doonagore Cross' CAT 3 KOH: Finishes at stone on RHS 'Doonagore Cross/Doolin'		14:48	14:15	13:51
138.6	86.1	'Cliffs of Moher' CAT 2 KOH: Starts 100M after homestead cottage on RHS		14:51	14:18	13:53
138.8	86.2	25KM Remaining at blue sign on LHS for 'Clare Jam Shop'		14:51	14:18	13:53
140.8	87.5	'Cliffs of Moher' CAT 2 KOH: Finishes at large circular tank on RHS	Extreme Caution Essential on descent - busy tourist area - marshals/gardaí needed at visitor centre	14:54	14:21	13:56

143.8	89.4	20KM Remaining at sign on LHS 'St Brigid's Well'		14:59	14:25	13:59
146.6	91.1	Liscannor	Caution Essential - Marshals/Gardaí ahead	15:04	14:29	14:03
151.0	93.8	Lahinch	Extreme Caution Essential - busy tourist area - marshals/gardaí well ahead	15:11	14:35	14:08
151.8	94.3	Right turn at T-Junction (Dir: Kilrush/Miltown Malbay N67)		15:13	14:36	14:09
151.9	94.4	Turn left at 'Raviolo Varde' take away in Lahinch		15:13	14:37	14:09
152.1	94.5	Turn right at 'Slattery's Bar' (Dir: Miltown Malbay)		15:13	14:37	14:10
153.7	95.5	Follow road to right (Dir: Miltown Malbay 9KM)	Caution Required	15:16	14:39	14:12
153.8	95.6	10KM Remaining at 80km/h sign on LHS after bend		15:16	14:39	14:12
158.8	98.7	5KM Remaining at Rineen National School on RHS		15:24	14:46	14:18
159.8	99.3	4KM Remaining at 80km/h on RHS <u>FOR ONCOMING TRAFFIC</u>		15:26	14:48	14:19
160.8	99.9	3KM Remaining at grey dormer bungalow on LHS with grey barns at rear		15:28	14:49	14:21
161.8	100.5	2KM Remaining at yellow diamond sign on LHS for sharp bend to left		15:29	14:51	14:22
162.8	101.2	Remaining at stone wall on RHS with memorial to Mattie McInerney on wall at entrance to farm		15:31	14:52	14:23
163.2	101.4	Miltown Malbay	Extreme Caution Essential - marshals/gardaí well ahead	15:32	14:53	14:24
163.6	101.7	Left at 'Dapper Dan's' T-Junction in Miltown Malbay Note: 170M from left turn to finish line		15:32	14:53	14:24
163.8	101.8	Finish at last house on LHS before church adjacent to '2 hour parking only' sign (podium on LHS)	Extreme Caution Essential - Marshals/Gardaí well ahead	15:33	14:54	14:24

Post Stage Details

TEAM CAR DEVIATION: Team cars are to turn left 150 metres before the final left turn (immediately following Inver Oil on LHS) into back car park of the church.

VERY IMPORTANT: Riders need to clear the finishing area urgently following completion of the stage.

REMINDER: All riders needed for the presentation should make their way to the stairs at the back of the podium ASAP.

Stage 4: Ennis to Mountrath (128.1KM)

Saturday, May 24th 2025

Pre Stage Details

We are delighted to welcome everyone to the 2025 edition of the Rás Tailteann. Stage four brings us from Ennis to Mountrath over a distance of 128.1KM. There are 3 KOH's ('Lough Derg' CAT 3 @ 36.9KM, 'Portumna' CAT 3 @ 63.6KM and 'Wolftrap' CAT 1 @ 114.1KM).

Sign on is in Clare County Council Offices, New Road, Lifford, Ennis, Co Clare (V92 DXP2) from 10:15AM to 11:15AM. All riders must be assembled outside the main door of the county council offices at 11:46AM to begin ceremonial start at 11:51AM. We then aim to be at the 0KM signs for approximately 12PM. Team cars are to accompany the riders on the neutralised section.

Please respect the local residents, race officials, spectators, team staff and fellow competitors along with all the facilities we are using. We have worked incredibly hard to bring this race to you so please help us out by acting with kindness towards everyone associated with the event. Remember that you are not just representing yourselves but also the entire race and sport in Ireland.

It is also very important that teams, officials and spectators park tightly in the car park so to ensure everyone gets a space.

Be safe, enjoy (if that's possible) - only two stages to go!

Thank you all very much and best of luck!

Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	Ceremonial start from Clare County Council Offices and turn right out of car park	Caution Required			
0.4	0.2	Right turn at 'James O'Keeffe Bar' T-Junction				
0.7	0.4	Roundabout: 2nd exit - right (Dir: Scariff/Tulla R352)				
1.2	0.7	Mini-roundabout: 1st exit - left (Dir: Scarriff/Killaloe)				
1.5	0.9	Mini-roundabout: 2nd exit - right at 'Tierney's Costcutter'				
1.9	1.2	Roundabout: 2nd exit - straight				
2.4	1.5	Roundabout: 2nd exit - straight (Dir: Tulla R352)				
3.9	2.4	'Tulla Road West' Roundabout: 1st exit - straight (Dir: Scarriff)				
4.2	2.6	'East Clare' Roundabout: 2nd exit - straight (Dir: Scariff/Tulla)				
4.5	2.8	End of neutralised section at sign on LHS titled 'Scarriff 33KM/Tulla 14KM) on Tulla Rd R352				
Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	0KM signs at end of neutralised section at sign on LHS titled 'Scarriff 33KM/Tulla 14KM) on Tulla Rd R352		12:00	12:00	12:00

2.3	1.4	Cross of Spancil Hill	Caution Required	12:03	12:03	12:02
4.5	2.8	Clooney		12:07	12:06	12:05
23.2	14.4	Keep left at Y-Junction (Dir: Scarriff/Bodyke)		12:38	12:33	12:29
24.2	15.0	Bodyke		12:40	12:34	12:30
24.4	15.2	Turn right to stay on R352		12:40	12:34	12:30
24.5	15.2	Caution: Raised pedestrian crossing outside 'Cobbler's Rest' in Bodyke		12:40	12:35	12:30
28.4	17.6	Tuamgraney		12:47	12:40	12:35
28.7	17.8	Caution: Pedestrian lights in Tuamgraney		12:47	12:41	12:35
29.2	18.1	Scarriff		12:48	12:41	12:36
30.0	18.6	30KM completed: 'Finsa Forest Products' on LHS		12:50	12:42	12:37
30.1	18.7	Turn right (Dir: Mountshannon 7KM R352)		12:50	12:43	12:37
33.7	20.9	Caution: Narrow bridge		12:56	12:48	12:42
35.8	22.2	'Lough Derg' CAT 3 KOH: Starts at 'Holy Island' sign on RHS		12:59	12:51	12:44
36.9	22.9	'Lough Derg' CAT 3 KOH: Finishes at yellow sign on LHS indicating road to left		13:01	12:52	12:46
37.1	23.1	Mountshannon		Caution Required	13:01	12:53
41.9	26.0	Whitegate	13:09		12:59	12:52
42.6	26.5	Turn left (Dir: Portumna 25KM R352)	13:11		13:00	12:53
44.1	27.4	Keep right at Y-Junction (Dir: Portumna R352)	13:13		13:03	12:55
61.3	38.1	Turn right (Dir: Portumna R352)	13:42		13:27	13:16
62.2	38.6	'Portumna' CAT 3 KOH: Starts at stone bungalow on RHS	13:43	13:28	13:17	
63.6	39.5	'Portumna' CAT 3 KOH: Finishes at small road to left with bungalow & garage behind on LHS	13:46	13:30	13:19	
66.6	41.4	Portumna	Extreme Caution Essential -	13:51	13:35	13:23
69.4	43.1	Caution: Race crossing bridge over River Shannon	Marshals/Gardaí well ahead	13:55	13:39	13:26
69.8	43.4	Welcome to County Tipperary		13:56	13:39	13:27
70.0	43.5	Turn left (Dir: Birr R489)	Caution Required	13:56	13:40	13:27
76.1	47.3	Turn right (Dir: Birr)	Caution Essential - tight junction - several markings required	14:06	13:48	13:35
80.8	50.2	FEED ZONE: Begins at cream wall cottage on LHS		14:14	13:55	13:41
81.8	50.8	FEED ZONE: Ends at pink house on RHS		14:16	13:56	13:42
89.4	55.6	Turn left at T-Junction (Dir: Birr 3KM N52)	Caution Essential -	14:29	14:07	13:51
89.5	55.6	Caution: One way system over bridge		14:29	14:07	13:51
89.6	55.7	Riverstown		14:29	14:08	13:52
90.5	56.2	Caution: Traffic lights at bridge & one way system		14:30	14:09	13:53
		Birr				

90.6	56.3	Mini-roundabout: 1st exit - left (Dir: Tullamore/Town Centre)	Marshals/Gardaí ahead	14:31	14:09	13:53
90.9	56.5	Roundabout: 1st exit - left (Dir: Tullamore/Town Centre)		14:31	14:09	13:53
91.5	56.9	Mini-roundabout: Turn right (Dir: Kinnity 13KM R440)		14:32	14:10	13:54
92.1	57.2	Caution: Narrow bridge		14:33	14:11	13:55
93.0	57.8	Mini-roundabout: Turn left (Dir: Kinnity/Mountmellick R440)		14:35	14:12	13:56
103.1	64.1	25KM Remaining at road sign on LHS for Mountmellick/Kinnity R421 straight		14:51	14:27	14:08
104.4	64.9	Kinnity	Caution Required	14:54	14:29	14:10
105.0	65.2	Turn right (Dir: Mountrath R440) Caution: Roads very narrow until left turn at 122.2KM	Caution Essential - very narrow roads - Marshals/Gardaí ahead	14:55	14:30	14:11
105.3	65.4	'Wolftrap' CAT 1 KOH: Starts at 80KM/H signs on both sides of road		14:55	14:30	14:11
108.1	67.2	20KM Remaining 200M after green gates on LHS at entrance to bungalow on hill		15:00	14:34	14:15
112.0	69.6	Turn right at T-Junction (Unsigned Junction)	Caution Essential - very narrow roads - Marshals/Gardaí ahead	15:06	14:40	14:20
113.7	70.6	Welcome to County Laois		15:09	14:42	14:22
114.1	70.9	'Wolftrap' CAT 1 KOH: Finishes at yellow diamond sign on LHS Caution: Fast descent off climb		15:10	14:43	14:22
118.1	73.4	10KM Remaining at double steel gate at entrance to field on LHS		15:16	14:48	14:27
118.8	73.8	Caution: Narrow bridge	Caution Required	15:18	14:49	14:28
122.2	75.9	Turn left at T-Junction (Dir: Mountrath R440)		15:23	14:54	14:32
123.1	76.5	Caution: Narrow stone bridge 5KM Remaining at end of narrow stone bridge		15:25	14:55	14:33
124.1	77.1	4KM Remaining at 50km/h sign on LHS		15:26	14:57	14:35
125.1	77.7	3KM Remaining at road to right signed Camross/Roscrea		15:28	14:58	14:36
126.1	78.4	2KM Remaining at double cream pillars with black tops at entrance to farm building on RHS		15:30	15:00	14:37
126.8	78.8	Mountrath	Extreme Caution Essential - Marshals/Gardaí well ahead	15:31	15:01	14:38
127.1	79.0	1KM Remaining at 'John Joe's Bits n Bobs' on RHS		15:31	15:01	14:38
127.4	79.2	Turn right at T-Junction (Dir: Port Laoise/Borris-in-Ossory)		15:32	15:02	14:39
127.5	79.2	Straight at traffic lights		15:32	15:02	14:39
127.6	79.3	Caution: Traffic lights at pedestrian crossing		15:32	15:02	14:39
127.8	79.4	Keep right at the square in Mountrath		15:33	15:02	14:39
128.1	79.6	Finish opposite from school on LHS (Podium on RHS)	Extreme Caution Essential - Marshals/Gardaí confirm all clear	15:33	15:03	14:40

Post Stage Details

TEAM CAR DEVIATION: Team cars are to turn left 150m before the finish line into Mountrath Church car park.

VERY IMPORTANT: Riders need to clear the finishing area urgently following completion of the stage.

REMINDER: All riders needed for the presentation should make their way to the stairs at the back of the podium ASAP.

Stage 5: Kildare Town to Bective (142.8KM)

Sunday, May 25th 2025

Pre Stage Details

We are delighted to welcome everyone to the 2025 edition of the Rás Tailteann. Stage five brings us from Kildare to Bective over a distance of 142.8KM. There is 1 KOH ('Quarry Hill' CAT 3 @ 82.9KM).

Sign on is in CMWS Hall, Grey Abbey Road, Co Kildare (R51 WN51) from 10:15AM to 11:15AM. All riders must be assembled outside at the back of the hall (facing the school) at 11:45AM to begin ceremonial start at 11:50AM. We will be stopping outside Kildare Heritage Centre for approximately 5 minutes. We then aim to be at the OKM signs for approximately 12PM. Team cars are to accompany the riders on the neutralised section.

IMPORTANT: Parking is very tight for pre-stage. The designated car park for race vehicles is at Scoil na Mainistreach De la Salle (beside Kildare Credit Union). THERE IS NO PARKING IN ST BRIGID'S PRIMARY SCHOOL BEHIND THE CMWS HALL - PLEASE DON'T GO IN THERE.

Please respect the local residents, race officials, spectators, team staff and fellow competitors along with all the facilities we are using. We have worked incredibly hard to bring this race to you so please help us out by acting with kindness towards everyone associated with the event. Remember that you are not just representing yourselves but also the entire race and sport in Ireland.

It is also very important that teams, officials and spectators park tightly in the car park so to ensure everyone gets a space.

Be safe, enjoy (if that's possible) - only one stage to go!

Thank you all very much and best of luck!

Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	Ceremonial start at Kildare Hertiage Centre in Kildare Town Centre on R415				
0.3	0.2	Straight through traffic lights (Dir: Allenwood)				
0.6	0.4	Straight through traffic lights				
1.4	0.9	Straight through traffic lights				
1.9	1.2	End of neutralised section 100M after cattle grid at junction to left signed 'L7019' on R415			12:00	
Km	Mile	Location	Notes	36km/h	42km/h	48km/h
0.0	0.0	OKM signs at end of neutralised section 100M after cattle grid at junction to left signed 'L7019' on R415		12:00	12:00	12:00
4.0	2.5	Milltown		12:06	12:05	12:05

4.2	2.6	Caution: Hump back bridge at 'Hanged Man's Pub'	Caution Essential - Marshals/Gardaí ahead	12:07	12:06	12:05	
4.6	2.9	Turn left at 'David's Shop' (Dir: Allenwood R415)		12:07	12:06	12:05	
8.4	2.9	Caution: Roadworks at time of printing - likely still ongoing		12:14	12:12	12:11	
10.1	6.3	Kilmeague		12:16	12:14	12:12	
10.4	6.5	Turn left at 'Eleson Pub' (Dir: Allenwod R415)		12:17	12:14	12:13	
13.0	8.1	Caution: Hump back bridge at 'Travellers Rest'		12:21	12:18	12:16	
13.2	8.2	Caution: Narrow bridge		12:22	12:18	12:16	
14.3	8.9	Caution: Narrow bridge		12:23	12:20	12:17	
14.6	9.1	Allenwood		12:24	12:20	12:18	
14.7	9.1	Turn left at 'Allenwood Stars' (Dir: Edenderry R403)		12:24	12:21	12:18	
23.4	14.5	Derrinturn		12:39	12:33	12:29	
26.2	14.5	Roundabout: 2nd exit (Dir: Enfield R402)		12:43	12:37	12:32	
30.0	18.6	30KM completed: Gates to yard on LHS 200M after depot sign		12:50	12:42	12:37	
31.5	19.6	Kilshanroe		Caution Required	12:52	12:45	12:39
35.0	21.7	Johnstown Bridge		Caution Essential - Marshals/Gardaí ahead	12:58	12:50	12:43
36.2	22.5	Roundabout: 3rd exit (Dir: Enfield)	13:00		12:51	12:45	
37.1	23.1	Turn left at traffic lights (Dir: Kinnegad R148)	13:01		12:53	12:46	
37.4	23.2	Roundabout: 2nd exit (Dir: Kinnegad R148)	13:02		12:53	12:46	
37.9	23.5	Roundabout: 1st exit (Dir: Kinnegad R148)	13:03		12:54	12:47	
42.8	26.6	FEED ZONE: Begins at 'Furey's Bar' on RHS	13:11	13:01	12:53		
43.2	26.8	FEED ZONE: Finishes at 'Moyvalley New Bridge' sign on LHS	13:12	13:01	12:54		
48.2	30.0	Turn right (Dir: Trim 20KM R160)	Caution Required	13:20	13:08	13:00	
51.1	31.8	Caution: Double overhead bridge		13:25	13:13	13:03	
52.7	32.7	Longwood		13:27	13:15	13:05	
53.3	33.1	Caution: Pedestrian crossing & speed ramp in Longwood		13:28	13:16	13:06	
53.4	33.2	Mini-roundabout: 1st exit (Dir: Trim)		13:29	13:16	13:06	
53.5	33.2	Caution: Speed ramp		13:29	13:16	13:06	
66.7	41.4	Trim		13:51	13:35	13:23	
67.2	41.8	Roundabout: 2nd exit (Dir: Navan/Dublin)	13:52	13:36	13:24		
68.1	42.3	Roundabout: 3rd exit (Dir: Dublin)	Extreme Caution Essential - Marshals/Gardaí well ahead	13:53	13:37	13:25	
68.3	42.4	Caution: Pedestrian crossing & speed ramp		13:53	13:37	13:25	
68.5	42.6	Caution: Pedestrian crossing & speed ramp		13:54	13:37	13:25	
69.4	43.1	Caution: Pedestrian crossing & speed ramp		13:55	13:39	13:26	
69.7	43.3	Roundabout: 1st exit (at Knightsbrook Hotel)		13:56	13:39	13:27	
78.1	48.5	Turn left (Dir: Dunsany L2207)	14:10	13:51	13:37		

79.7	49.5	Caution: Bridge	Caution Required	14:12	13:53	13:39
80.8	50.2	Dunsany		14:14	13:55	13:41
81.0	50.3	Turn left (Dir: Kilmessan 3KM)		14:15	13:55	13:41
81.8	50.8	'Quarry Hill' CAT 3 KOH: Starts at second dangerous verge sign on LHS		14:16	13:56	13:42
82.9	51.5	'Quarry Hill' CAT 3 KOH: Finishes at quarry entrance sign with arrow to the left on RHS		14:18	13:58	13:43
84.1	51.5	Kilmessan	Caution Required	14:20	14:00	13:45
84.3	52.4	Turn right at T-Junction (Dir: Navan 12KM)		14:20	14:00	13:45
89.3	55.5	Turn left at T-Junction		14:28	14:07	13:51
89.4	55.6	Turn Right (Dir: Navan 6KM)		14:29	14:07	13:51
89.4	55.6	POINT OF ENTRY TO FINISHING CIRCUIT IMMEDIATELY FOLLOWING RIGHT TURN	<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	14:29	14:07	13:51
90.5	56.2	Turn left at bridge (Unsigned Junction)		14:30	14:09	13:53
92.5	57.5	Turn left at T-Junction (Unsigned Junction)		14:34	14:12	13:55
94.2	58.5	Turn left at T-Junction (Dir: Trim R161)		14:37	14:14	13:57
94.8	58.9	First passage through finish line 80M before the second set of twin pillars with a steel gate on LHS directly across from wooden gate on RHS - 4 laps remaining		14:38	14:15	13:58
95.8	59.6 / 59.6	Turn left (Direction: Kilmessan 5KM L4010)		14:40	14:17	14:00
96.9	60.3 / 60.3	Turn left at crossroads (Dir: Navan)		14:42	14:18	14:01
101.4	63.4 / 63.4	Turn left (Dir: Navan 6KM)		14:49	14:25	14:07
102.6	63.8 / 63.8	Turn left (Unsigned junction after bridge)		14:51	14:27	14:08
104.5	64.6 / 64.6	Turn left at T-Junction (Unsigned junction)		14:54	14:29	14:10
106.3	66.7 / 66.7	Turn left at T-Junction (Dir: Trim R161)	14:57	14:32	14:13	
106.8	66.5 / 66.5	Finish line - 3 laps remaining	14:58	14:33	14:14	
118.8	73.8	Finish line - 2 laps remaining	15:18	14:49	14:28	
130.8	81.3	Finish line - 1 lap remaining	15:38	15:06	14:43	
142.8	88.7	Finish of Rás Tailteann 2025 (podium on RHS)	<u>Extreme Caution Essential - Marshals/Gardaí well ahead</u>	15:58	15:24	14:58

Post Stage Details

TEAM CAR DEVIATION: Team cars are to turn left 350m before the final left turn (immediately after yellow bungalow on LHS) and follow team car parking signage.

VERY IMPORTANT: Riders need to clear the finishing area urgently following completion of the stage.

REMINDER: All riders needed for the presentation should make their way to the stairs at the back of the podium ASAP.

You've done it - the 70th edition of Rás Tailteann 2025 is complete!